

## Welcome to Optum Care Network of Washington

Optum Care Network of Washington is an Independent Physician Association with a local management team. This quick reference guide provides an overview of the key information you will need to care for Optum patients. You may also view the full Washington Provider Manual on our website at: [optum.com/pnw](http://optum.com/pnw).

### Your Practice Engagement Manager

Each practice in our network is supported by a dedicated practice engagement manager who is your go-to resource. Contact [engagementteam@optumpnw.com](mailto:engagementteam@optumpnw.com) to get connected with your practice advocate.

### Submitting a Claim

For electronic submissions, use payer ID: LIFE1 via Optum 360 clearinghouse. You can view the status of claims on the Optum Care Provider Center, our online provider portal.

OneHealthPort users will have access to the Optum Care Provider Center within OneHealthPort via <https://onehealthport.com>.

For all other users, Optum Care Provider Center can be accessed via [professionals.optumcare.com/portal-login](http://professionals.optumcare.com/portal-login)

For paper submissions, send to the following:  
Attention: Optum Care Network  
P.O. Box 30788  
Salt Lake City, UT 84130-0788

### Electronic Funds Transfer (EFT)

Optum Care Network works exclusively with InstaMed as our free payer payments solution for providers.

Please register for free ERA/EFT:

**Online:** Visit [instamed.com/eraeft](http://instamed.com/eraeft)  
**Call:** 1-866-945-7990

### Website

Use our website to sign in to the Optum Care Provider Center, a tool that gives you access to eligibility, prior authorization, and claims information in real time. You'll also find our referral lookup tool, important forms and many other resources.

OneHealthPort users will have access to the Optum Care Provider Center within OneHealthPort.

For all other users, Optum Care Provider Center can be accessed via [professionals.optumcare.com/portal-login](http://professionals.optumcare.com/portal-login)

### Specialists and Facilities

For a complete directory of Optum Care Network specialists and facilities, please contact our service center or use the provider lookup tool on our website: [optum.com/pnw](http://optum.com/pnw)

### Optum Care Network Service Center

The customer service team is available to assist Monday-Friday, 8 a.m. - 5 p.m., PT. at 1-877-836-6806 or [optumcare-servicecenter\\_pnw@optum.com](mailto:optumcare-servicecenter_pnw@optum.com). You may also fax inquiries to 1-888-205-1128.

### Referrals

Patients in a participating plan of Optum Care Network will need a referral from their Primary Care Provider (PCP) to see a specialist, except for the specialties listed below.

- Behavioral health
- Chiropractic
- Obstetrics and gynecology (OB/GYN)

If your patient requires a specialist or facility that is not within the OCN Network, then we recommend that the specialist/facility is contracted with the patient's health plan. If the specialist/facility is not contacted with the plan, prior authorization is required. An authorization request form can be found on the Optum Care Provider Center and submitted online (via our website or OneHealthPort) or faxed to 1-855-402-1684. Contact our Network Development team at [networkdevelopment@optumpnw.com](mailto:networkdevelopment@optumpnw.com) for any suggestions of specialists to add to our network.

### Prior Authorization

Prior authorization is required for certain services based on the patient's plan benefits. For more details, refer to the provider manual on the website at: [optum.com/pnw](http://optum.com/pnw)

#### Urgent and routine prior authorization

**Phone:** 1-877-836-6806

**Fax:** 1-855-402-1684

Prior authorizations can also be submitted online through the Optum Care Provider Center (see **Website** section).

Please contact the patient's health plan directly for Part D prior authorizations. Part B prescription prior authorizations will follow the process above.

### Medical Management

Optum Care Network medical management programs provide high touch telephonic care coordination within hospitals, skilled nursing facilities (SNFs), and patients' homes. These programs work in collaboration with the patient, the family/support system, providers and key stakeholders to coordinate discharge, healthcare services, community resources and referrals to the appropriate next level of care.

### Medical Management Request Process

To refer patients to Optum Care Network medical management programs, call 1-253-627-4113 or complete a referral form, attached, and fax to 1-253-627-4708.

### Medical Management Services

Patients may be enrolled into medical management programs through several pathways. Optum Care Network utilizes risk stratification algorithms to identify patients and may invite patients to enroll post-acute stay or after diagnoses of certain conditions. Providers may also request medical management services for their patients. Optum Care Network will coordinate closely with providers for any patients enrolled into medical management programs.

### Case Management (General and Complex)

- Dedicated nurse case manager
- In-person and telephonic support
- Health goal development
- Disease management education and medication review
- Post-discharge follow-up
- Licensed social workers can assist patients with financial resources, housing, transportation, placement and meal assistance

### Transition to Home Visits

- Short-term case management follow-up post-discharge
- Collaboration with health care providers
- Support safe discharge until patient can return to seeing PCP
- Coordination of transitional services and supports

## Patient Care Resources

The following resources are available to support patient care for patients who are enrolled in a participating health plan. Contact your practice advocate for more information.

## Remote Patient Monitoring

Vivify is a remote patient monitoring phone and device app that monitors patient symptoms and biometrics related to particular disease states or care processes. Patients enroll and are monitored by a centralized team of nurses. Patients are able to request immediate communication 24/7 with their nurse monitor via secure text, telephone or video chats.

## Mobile Urgent Care Visit

DispatchHealth is a mobile acute care service that offers same day appointments for patients with the goal of preventing unnecessary visits to the emergency room and reducing avoidable hospital admissions and readmissions. Consider DispatchHealth for patients with an acute, not immediately life-threatening medical need who:

- Are unwilling or unable to come in
- Have difficulty with transportation
- May not come in otherwise

Snohomish County Direct Line: 1-425-372-5441 Pierce County

Direct Line: 1-253-666-9459

For more information: [dispatchhealth.com](http://dispatchhealth.com)

## Optum Outreach Support

The Optum Outreach team supports practices in making outbound calls to schedule visits for Medicare Advantage patients who need to be seen. We offer concierge technical support for patients and robust reporting for providers.

## Optum House Calls

Optum offers virtual or in-home assessments to capture chronic conditions and quality care gaps. There is no cost to the patient or provider. These visits supplement the annual wellness visit and care by the provider.

## Participating Plans

Example ID cards

1. Participating health plan logo
2. Payer ID
3. Network name
4. Plan name
5. Provider services toll-free number
6. Medical claims address

## PROVIDER USE ONLY

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1 **AARP Medicare Advantage** UnitedHealthcare Medicare National Network

Health Plan (99999): **999-99999-99**  
 Member ID: 999999999-00 Group Number: XXXXX

Member: **SAMPLE A MEMBER** [UHC Dental Benefits]

2 Payer ID: LIFE1

PCP Name: **SAMPLE, M.D., PROVIDER**  
 PCP Phone: (999) 999-9999

RxBIN: 610097  
 RxPCN: 9999  
 RxGrp: COS

3 Copay: PCP \$XX ER \$XX  
 Spec \$XX

4 HXXXX-XXX-XXX AARP Medicare Advantage Choice (PPO) Medicare limiting charges apply.

Customer Service Hours: 24 hours a day, 7 days a week Printed: xxx/xxx/xxxx

**For Members**  
 Website: [www.memberurl.com](http://www.memberurl.com)  
 Customer Service: 1-999-999-9999 TTY 711  
 NurseLine: 1-999-999-9999 TTY 711  
 Behavioral Health: 1-999-999-9999 TTY 711  
 Dental: 1-999-999-9999 TTY 711

**For Providers**  
 www.OptumCare.com 1-877-836-6806  
 Medical Claims Address: P.O. Box 30788, Salt Lake City, UT 84130-0788  
 Provider Authorizations: 1-877-836-6806  
 [UHC Dental Providers: [www.dentalurl.com](http://www.dentalurl.com) 1-999-999-9999]

5 **UHC Renew Active** OPTUM

For Pharmacists 1-999-999-9999  
 Pharmacy Claims OptumRx P.O. Box 999999, Healthcare, US 99999-9999

1 **PREMERA** BLUE CROSS Medicare National Network

An independent licensee of the Blue Cross Blue Shield Association

Enrollee Name: **FIRST M LASTNAME JR** Plan: <Name of specific plan> <HXXX XXX>

Enrollee ID: **ZNP 123456789** PC: **00** Medical Network: **Medicare Advantage**

Prefix: **123456789** RxBIN: 094336 RSPCN: MEDDADV  
 Group Number: **12345** <0000000000> RCBR: KXSTK RMI: 1245678900  
 Issue: **MM/YYYY**

2 <DENTAL, VISION, HEARING> **HMO** Medicare Advantage

Member: [www.premera.com/MA](http://www.premera.com/MA) OCN ED Payer ID: LIFE1

**For Members**  
 Website: [www.memberurl.com](http://www.memberurl.com)  
 Customer Service: 1-888-850-8526 TTY/TDD: 711

**For Providers**  
 www.OptumCare.com 1-877-836-6806  
 Medical Claims Address: P.O. Box 30788, Salt Lake City, UT 84130-0788  
 Provider Authorizations: 1-877-836-6806  
 [UHC Dental Providers: [www.dentalurl.com](http://www.dentalurl.com) 1-999-999-9999]

6 **UHC Renew Active** OPTUM

For Pharmacists 1-999-999-9999  
 Pharmacy Claims OptumRx P.O. Box 999999, Healthcare, US 99999-9999

1 **Humana** HUMANA GOLD PLUS (HMO) Medicare National Network

A Medicare Health Plan with Prescription Drug Coverage

Dental Included CARD ISSUED: MM/DD/YYYY

MEMBER NAME  
 Member ID: HXXXXXXXXX

Plan (80840) 9140461101

RxBIN: XXXXXX  
 RxPCN: XXXXXXXX  
 RxGRP: XXXXX

2 Copayments  
 OFFICE VISIT: \$XX  
 SPECIALIST: \$XX  
 HOSPITAL EMERGENCY: \$XX

3 **MedicareRx** CMS XXXXX XXX

Member/Provider Service: 1-800-457-4708  
 If you use a TTY, call 711

Pharmacist/Physician Rx Inquiries: IPA/Center Name: 1-800-865-8715  
 Optum Care Network XXXXXXXXXXXX

Primary Physician: [Redacted]

Claims, Payer ID: LIFE1. Address: PO Box 30788, SALT LAKE CITY, UT 84130.

Please visit us at **Humana.com** (For Dentists - **Humana.com/sb**)  
 Additional Benefits: DENXXX VISXXX HERXXX  
 EyeMed Vision: XXX-XXX-XXXX

1 **AARP Medicare Advantage** UnitedHealthcare Medicare National Network

Health Plan (99999): **999-99999-99**  
 Member ID: 9999999-99 Group Number: XXXXX

Member: **Member Sample** [UHC Dental Benefits]

2 Payer ID: LIFE1

PCP Name: **SAMPLE, PROVIDER**  
 PCP Phone: (999) 999-9999

RxBIN: XXXXXX  
 RxPCN: XXXXX  
 RxGrp: XXXXX

3 Copay: PCP \$XX ER \$XX  
 Spec \$XX

4 H9999-999-999 MARKET PLAN NAME

Customer Service Hours: 8 am - 8 pm 7 days/week Printed: xxx/xxx/xxxx

**For Members**  
 Website: [www.myAARPMedicare.com](http://www.myAARPMedicare.com)  
 Customer Service: 1-999-999-9999 TTY 711  
 NurseLine: 1-999-999-9999 TTY 711  
 Behavioral Health: 1-999-999-9999 TTY 711  
 Dental: 1-999-999-9999 TTY 711

**For Providers**  
 www.OptumCare.com 1-877-836-6806  
 Medical Claims Address: P.O. Box 30788, Salt Lake City, UT 84130-0788  
 Provider Authorizations: 1-877-836-6806  
 [UHC Dental Providers: [www.UHCdental.com](http://www.UHCdental.com) 1-999-999-9999]

6 **WEST Renew Active** OPTUM

For Pharmacists 1-999-999-9999  
 Pharmacy Claims OptumRx P.O. Box 999999, Healthcare, US 99999-9999

1 **United Healthcare** Community Plan **Washington Apple Health**

Health Plan (80840) OCN WAHLOP

Member ID: 000200078 Group Number: OCN

Member: **REISSUE ENGLISH** Payer ID: LIFE1

State ID: 9999999946

PCP Name: **NE WASHINGTON HEALTH PROGRAMS**  
 PCP Phone: (509)258-4234

2 **OPTUMRX**  
 Rx Bin: 610494  
 Rx GRP: ACUWA  
 Rx PCN: 4600

3 0501 Administered by UnitedHealthcare of Washington, Inc.

In an emergency go to nearest emergency room or call 911. Printed: 01/2021

This card does not guarantee coverage. To verify benefits or to find a provider, visit the website [myuhc.com/communityplan](http://myuhc.com/communityplan) or call.

**For Members:** 877-542-8997 TTY 711  
 877-543-3409 TTY 711

**For Providers:** [www.optumcare.com](http://www.optumcare.com) 1-877-836-6806  
 Medical Claims: OCN, PO Box 30788, Salt Lake City, UT 84130-0788 Behavioral Claims: PO Box 31361, Salt Lake City, UT 84131-0361

6 Pharmacy Claims: OptumRX, PO Box 650334, Dallas, TX 75265-0334  
 For Pharmacists: 877-305-8952